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Personal Training Study Guides Free

8 thoughts on "FREE Personal Trainer Study Guides and Personal Trainer Practice Tests" Stephanie Thompson. November 11, 2019 at 6:46 pm. Been a training over 20yrs, and now need to take it to the next level..I only did a six weeks course 20yrs ago..as I was on the job learning.will this poses a problem?

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By making good use of study guides, webinars, and practice tests, my ability to deliver on the day of my exam allowed me to pass without stress. I fully intend to bring everything I've learned with me going forward into my new personal training career, and will absolutely come back for further education and training in the future." - Glenn P, MA

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